BRL DAV PUBLIC SCHOOL, BHANDARIDAH, BOKARO SYLLABUS 2024-25 STD XII ENGLISH

MONTH	FLAMINGO	VISTAS	WRITING
APRIL	The Last Lesson, My	The Third Level	Notice, Formal and
	Mother at Sixty Six,		Informal invitation
	Keeping Quiet		
MAY	Lost Spring		
JUNE	A Thing of Beauty	The Tiger King	
JULY	Deep water, A	Journey to the End of	Letter writing
	Roadside Stand, The	the earth	
	rattrap		
AUGUST	Indigo	The Enemy	Article, Report
			writing
Half Yearly	Half Yearly	Half Yearly	Half Yearly
Exam	Exam	Exam	Exam
SEPTEMBER			
	Aunt Jennifers Tigers		
	Poets and Pancakes		
OCTOBER	Going places	On the Face of It	
	The Interview		
NOVEMBER	Memories of		Activity
	Childhood		

वर्ग 12 हिंदी

सिलेबस

प्रथम सत्र पाठ्यक्रम
अप्रैल और मई
आरोह गद्य भाग- भक्तिन, बाजार दर्शन
पद्य भाग-आत्म परिचय, दिन जल्दी-जल्दी ढलता है
वितान- सिल्वर वेडिंग
अभिव्यक्ति और माध्यम - अप्रत्याशित लेख प्रमुख जनसंचार लेखन
जून और जुलाई
आरोह गद्य भाग-
काले मेघा पानी दे
पद्य भाग- पतंग, कविता के बहाने बात सीधी थी पर,
वितान- जूझ
अभिव्यक्ति और माध्यम -
पत्रकारिता लेखन विशेष लेखन कहानी नाटक
मौखिक अभ्यास,
वाचन,श्रवण अभ्यास
अगस्त और सितंबर-
आरोह -पद्य भाग कमरे में बंद अपाहिज़,3षा
गद्य भाग पहलवान की ढोलक
सिल्वर वेडिंग और जूझ पुनरावृति
अभिव्यक्ति और मध्यम समाचार फीचर आलेख लेखन
Q · 34
सितंबर और अक्टूबर
आरोह पद्य भाग- बादल राग, कवितावली, लक्ष्मण मूर्च्छा, छोटा मेरा खेत,बगुलों के पंख ,रुबाइयां
आरोह गद्य भाग -शिरीष के फूल,
श्रम विभाजन,मेरी कल्पना का आदर्श समाज
अभिव्यक्ति और माध्यम -पाठ संख्या ३, ४, ५, ११ ,१२, १३ की पुनरावृत्ति
वितान- अतीत में दबे पांव
नवंबर और दिसंबर
प्रैक्टिस टेस्ट और पुनरावृति

BRL DAV PUBLIC SCHOOL, BHANDARIDAH, BOKARO SYLLABUS FOR CLASS 12 SCIENCE MATHEMATICS (041)

Session: 2024-25

MONTH	CHAPTERS/UNITS	ACTIVITY
APRIL	1.RELATIONS AND FUNCTIONS 2.INVERSE TRIGONOMETRIC FUNCTION 3. MATRICES	ACTIVITY 1 To verify that the relation R in the set L of all lines in a plane, defined by $R = \{(l, m) : l \perp m\}$ is symmetric but neither reflexive nor transitive. ACTIVITY 2 To verify that the relation R in the set L of all lines in a plane, defined by $R = \{(l, m) : l \mid m\}$ is an equivalence relation.
MAY	4. DETERMINANTS	ACTIVITY 3 To demonstrate a function which is not one-one but is onto ACTIVITY 4 To demonstrate a function which is one-one but not onto.
JUNE	5. CONTINUITY AND DIFFERENTIABILITY	ACTIVITY 5 To explore the principal value of the function sin-1x using a unit circle.
JULY	6. APPLICATION OF DERIVATIVES 7. INDEFINITE INTEGRALS	ACTIVITY 6 To draw the graph of 1 sin x – , using the graph of sin x and demonstrate the concept of mirror reflection (about the line y = x).
AUGUST	7. DEFINITE INTEGRALS 8.APPLICATION OF INTEGRALS	ACTIVITY 7 To sketch the graphs of a x and loga x, $a > 0$, $a \ne 1$ and to examine that they are mirror images of each other
SEPTEMBER	REVISION FOR FIRST TERM EXAMINATION	First Term Exam
OCTOBER	9. DIFFERENTIAL EQUATIONS 10. VECTOR ALGEBRA 11. THREE DIMENSIONAL GEOMETRY	ACTIVITY 8 To establish a relationship between common logarithm (to the base 10) and natural logarithm (to the base e) of the number x ACTIVITY 9 To find analytically the limit of a function f (x) at x = c and also to check the continuity of the function at that point.
NOVEMBER	12. LINEAR PROGRAMMING PROBLEMS 13. PROBABILITY	ACTIVITY 10 To verify that for a function f to be continuous at given point $x0$, $\Delta = + \Delta y f x x f x (0) - (0)$ is arbitrarily small provided. Δx is sufficiently small
DECEMBER	PRACTICE TEST AND MOCK TEST	
JANUARY	PRE-BOARD EXAMINATION	
FEBRUARY	REVISION FOR BOARD EXAM MCQ AND CASE BASED PROBLEMS	

SYLLABUS FOR CLASS 12 COMMERCE APPLIED MATHEMATICS (0241)

Session: 2024-25

MONTH	CHAPTER/UNIT	ACTIVITY
APRIL	MATRICES, DETERMINANTS NUMERICAL INEQUALITIES	ACTIVITY 1 MIND MAP FOR MATRICES AND TYPES OF MATRICES
MAY	NUMBERS, QUANTIFICATION AND NUMERICAL APPLICATIONS	
JUNE	DIFFERENTIATION	ACTIVITY 2 GRAPHICAL REPRESENTATION OF LINEAR INEQUALITY ACTIVITY 3 MIND MAP FOR NUMBER THEORY
JULY	APPLICATION OF DERIVATIVES, INTEGRALS	ACTIVITY 4 GEOMETRICAL MEANNING OF DERIVATIVE ACTIVITY 5 MAXIMA AND MINIMA RELATED PROBLEM (CASE BASED)
AUGUST	DIFFERENTIAL EQUATIONS,PROBABILITY	ACTIVITY 6 GEOMETRICAL CONCEPT OF INTEGRALS (DEFINITE) ACTIVITY 7 GROWTH AND DECAY MODEL PROBLEM (APPLICATION OF DIFFERENTIAL EQUATION)
SEPTEMBER	REVISION AND FIRST TERM EXAMINATION (SYLLABUS COMPLETED TILL AUGUST)
OCTOBER	LINEAR PROGRAMMING PROBLEMS, INFERENTIAL STATISTICS	ACTIVITY 8 LAW OF TOTAL PROBABILTY AND BAYES' THEOREM ACTIVITY 9 LPP APPLICATION (CASE BASED)
NOVEMBER	TIME-BASED DATA, PERPETUITY, SINKING FUNDS AND EMI, RETURNS, GROWTH AND DEPRECIATION	ACTIVITY 10 FINANCIAL MATHEMATICS IN REAL LIFE (USE, CALCULATION, BENEFITS)
DECEMBER	PRACTICE TEST, MOCK TEST	
JANUARY	PRE-BOARD EXAMINATION	
FEBRUARY	CASE BASED PROBLEMS, MCQ AND REVISION	

CLASS - XII [SESSION 2024-2025] SCHEDULE OF SYLLABUS SUBJECT - PHYSICS

MONTHS	CHAPTER/UNIT		SPECIFIC EXAM/TEST
	UNIT	CHAPTER	
Apr-24	ELECTOSTSTICS	ELECTRIC CHARGES AND FIELDS	
May-24	<u> </u>	ELECTOSTSTIC POTENTIAL AND CAPACITANCE	
Jun-24	RAY OPTICS	RAY OPTICS	
Jul-24		OPTICAL INSTRUMENTS	UNIT TEST
Jul-24	CURRENT ELECTRICITY	CURRENT ELECTRICITY	MCQ TEST
Aug-24	MAGNETIC EFFECT OF CURRENT AND	MOVING CHARGES AND MAGNETISM	MCQ TEST
	MAGNENTISM	MAGNETISM AND MATTERS	
Aug-24	WAVE OPTICS	WAVE OPTICS	
SEPTEMBE	R -24 TERM -1		
Sep-24	ELECTROMAGENTIC INDUCTION AND	ELECTROMAGNETIC INDUCTION	MON TEST
Oct-24	ALTERNATING CURRENT	ALTERNATING CURRENT	MCQ TEST
Sep-24	DUAL NATURE OF MATTER	DUAL NATURE OF RADIATION AND MATTERS	
Oct-24	ATOMS AND NUCLEI	ATOMS & NUCLEI	MCQ TEST
Oct-24	ELECTOMAGNETIC WAVES	ELECTOMAGNETIS WAVES	
Nov-24	ELECTONIC DEVICES	SEMI CONDUCTOR ELECTRONICS	MCQ TEST

MOCK TEST-I DECEMBER-2024
MOCK TEST-II DECEMBER-2024
PRE-PRACITICAL EXAM DECEMBER-2025
PRE-BOARD EXAM JANUARY-2025

BRL DAV PUBLIC SCHOOL, BHANDARIDAH, BOKARO SYLLABUS - 2024-25

SUBJECT - CHEMISTRY

STD- XII

S.No.	CHAPTER NAME	MONTH
1	SOLUTION	APRIL
2	ELECTROCHEMISTRY	APRIL
3	CHEMICAL KINETICS	MAY
4	The d-and f-block elements	JUNE, JULY
5.	CO-ORDINATION COMPOUND	JULY
6.	HALO ALKANES AND HALOARENES	AUGUST
7	ALCOHOL, PHENOLS AND ETHER	AUGUST
8	ALDEHYDE, KETONE AND CARBOXYLIC ACID	SEPTEMBER
9	AMINES	OCTOBER
10	BIOMOLECULES	NOVEMBER

CLASS –XII [SESSION – 2024-25] SCHEDULE OF SYLLABUS

SUBJECT: BIOLOGY (044)

MONTHS		CHAPTER / UNIT	··· <i>y</i>	SPECIFIC EXAMS/TEST
	Unit- VI- Reproduction			
APRIL, 2024	Chapter-2. Sexual reproduction in	Chapter-3. Human reproduction	Chapter-4. Reproductive health	
	flowering plants			
MAY,2024		Unit- VII- Genetics and Evoluti	on	
	Chapter-5. Principles of inheritance an	Chapter-6. Molecular basis of	Chapter-7.Evolution	
JUNE,2024	variation	inheritance		
	U	nit- VIII – Biology and human w	elfare	
JULY,2024	Chapter-8. Human health and disease	Chapter-10. Microbes in human	welfare	
AUGUST,2024	Unit- IX- Biotechnology and applications			
	Chapter-11. Biotechnology- Principles a	nd processes ; Chapte	er-12. Biotechnology and its application	
SEPTEMBER,2024		TERM I EXAM		
		I EKWI I EAAW		
OCTOBER,2024		Unit- X. Ecology and environm	ent	
	Chapter-13. Organisms and population	Chapter-14. Ecosystem		
NOVEMBER,2024		Unit- X. Ecology and environme	ent	
	Chap	oter-15. Biodiversity and its cons	ervation	
	MOCK TE	ST - I DE	ECEMBER,2024	
	MOCK TE	ST -II DI	ECEMBER,2024	
	PRA	ACTICAL REVISION DECEM	/IBER,2024	
	PRE-BOA	ARD EXAMINATION .	JANUARY,2025	

BRL DAV PUBLIC SCHOOL, BHANDARIDAH, BOKARO MONTH WISE SYLLABUS DISTRIBUTION 2024-25

CLASS – XII SUB: COMPUTER SCIENCE WITH PYTHON (083)

	CLASS – XII SUB: COMPUTER SCIENCE WITH PYTHON (083)				
MONTH	PORTION				
APRIL	 Revision of Python Revision of Python topics covered in Class XI. User Defined functions in Python Functions: types of function (built-in functions, functions defined in module, user defined functions), creating user defined function User Defined functions in Python Contd. 				
MAY	 Arguments and parameters, default parameters, positional parameters, function returning value(s), flow of execution, scope of a variable (global scope, local scope) 				
JUNE	 File handling in Python Introduction to files, types of files (Text, Binary, CSV), relative and absolute paths Text file: opening, text file modes (r, r+, w, w+, a, a+), closing a text file, opening file using with clause, writing/appending data using write() and writelines(), reading from a text file using read(), readline() and readlines(), seek and tell methods, manipulation of datain a text file 				
JULY	 File handling in Python Contd. Binary file: basic operations on a binary file: open using file open modes (rb, rb+, wb, wb+, ab, ab+),close a binary file, import pickle module, dump() and load() method, read, write/create, search, append and update operations in a binary file CSV file: import csv module, open / close csv file, write into a csv file using csv.writer() and read from a csv file using csv.reader() 				
AUGUST	 Data Structure in Python Data Structure: Stack, operations on stack (push & pop), implementation of stack using list. Database Management Database concepts: introduction to database concepts and its need Relational data model: relation, attribute, tuple, domain, degree, cardinality, keys (candidate,primary, alternate, foreign, composite) SQL: Introduction, DDL and DML, data type (char(n), varchar(n), int, float, date), constraints(not null, unique, primary key), create database, use database, show database, drop database, show tables, create table, describe table, alter table (add & remove an attribute, add & remove primary key), drop table, insert, delete, select, operators (mathematical, relational and logical), aliasing, distinct, where clause, in, between, order by, meaning of null, is null, is not null, like. 				
SEPTEMBER	 Database Management Contd. update command, delete command, aggregate functions (max, min, avg, sum, count), group by, having clause, joins:Cartesian product on two tables, equi- 				

	join and natural join
Computer Networks • Evolution of networking: computer networks, evolution (ARPANET,NSFNET, INTERNET) • Data communication terminologies: concept of components of data communication (sender, communication media, protocols), measuring capacitic media (bandwidth, data transfer rate), IP address, so (Circuitswitching, Packet switching) • Transmission media: Wired media (Twisted pair, Co-axist Wireless media (Radio waves, Micro waves, Infrared water), Network devices (Modem, Ethernet card, RJ45, Repeat Router, Gateway, WIFI card) • Network topologies and Network types: types of network wan), networking topologies (Bus, Star, Tree) • Network protocol: HTTP, FTP, PPP, SMTP, TCP/IP, POPS VOIP Introduction to web services: WWW, Hyper Text Market	 Evolution of networking: computer networks, evolution of networking (ARPANET,NSFNET, INTERNET) Data communication terminologies: concept of communication, components of data communication (sender, receiver, message, communication media, protocols), measuring capacity of communication media (bandwidth, data transfer rate), IP address, switching techniques (Circuitswitching, Packet switching) Transmission media: Wired media (Twisted pair, Co-axial, Fiber-optic), Wireless media (Radio waves, Micro waves, Infrared waves) Network devices (Modem, Ethernet card, RJ45, Repeater, Hub, Switch, Router, Gateway, WIFI card) Network topologies and Network types: types of networks (PAN, LAN, MAN, WAN), networking topologies (Bus, Star, Tree) Network protocol: HTTP, FTP, PPP, SMTP, TCP/IP, POP3, HTTPS, TELNET, VoIP Introduction to web services: WWW, Hyper Text Markup Language (HTML), Extensible Markup Language (XML), domain names, URL, website, web
NOVEMBER	 Python MySQL Connectivity Interface of python with an SQL database: connecting SQL with Python, performing insert, update, delete queries using cursor, display data by using fetchone(), fetchall(), rowcount, creating database connectivity applications

Syllabus- class XII (commerce)

Accountancy 2024-25

Month wise divided syllabus

	•
Month	CHAPTERS
April	Accounting for partnership firm (fundamentals)
	Valuation of goodwill
	Change in profit sharing ratio among existing partners
May	Admission of a partner
June	Retirement of a partner
	Death of a partner (contd)
July	Death of a partner
	Dissolution of partnership firm
	Accounting for share capital (contd)
August	Accounting for share capital
Sep	Accounting for debenture
	Financial statements of a company

September 2nd week, term 1

Month	Chapters
Oct	Financial statement analysis Comparative and common size Ratio analysis (contd)
Nov	Ratio analysis Cash flow statement Project work
Dec	Revision and Practice Test
Jan	Pre - Board

MARKING SCHEME

PART A: ACCOUTING FOR PARTNERSHIP AND COMPANIES	TERM 1	Pre board
Accounting for partnership	55	36
Accounting for companies (in term 1 upto accounting for share capital)	25	24

PART B ANALYSIS OF FINANCIAL STATEMENTS	-	
Analysis of financial statements	-	12
Cash flow statement	-	08
TOTAL	80	80

BRL DAV PUBLIC SCHOOL, BHANDARIDAH, BOKARO SYLLABUS (2024-25)

12th BUSINESS STUDIES MONTHWISE

MONTHS	CHAPTER	TOPICS	MARKS
APRIL	1.NATURE AND SIGNIFICANCE OF MANAGEMENT	Meaning and concept of management Effectiveness v/s Efficiency Function of management Nature of management Level of management Coordination etc	16M
MAY	2.PRINCIPLES OF MANAGEMENT	Henary fayol principles F.W.taylor principles of mgmt. and Techniques of scientific management etc	
	3.BUSINESS ENVIRONMENT	Features and advantages of business environment Dimension of business environment Etc	
JUNE	4.PLANNING	Meaning nature and concepts of planning Merits and limitation of planning process of planning types of plan etc	14M
	5.ORGANISING	Organizing process Functional and divisional structure etc	
JULY	6.STAFFING	Staffing process Selection process types of recruitment training and development etc	
AUGUST	7.DIRECTING	Meaning of supervision Abrahm maslow theory financial and non financial incentives Types of leadership etc Meaning and process of communication etc.	20M
	8.CONTROLLING	Contolling process Limitation of controlling etc.	

SEPTEM	IBER	REVISION AND S.A-I	REVISION AND S.A-I	
OCTOBE	ER	9.FINANCIAL MANAGEMENT	Financial Decision Objectives of financial management etc Capital structure Meaning,concept and factors affecting the choice of capital structure And also the same thing of Fixed and working Trading equity(v.v.i) based on calculation of EPS	15M
		10.FINANCIAL MARKET	Instruments of financial market(i.e; money market and capital market) Function of SEBI etc. Methods of flotation	
NOVEM	BER	11.MARKETING MANAGEMENT	Meaning nature and concepts of marketing Functions of marketing Elements of marketing mix:- PRODUCT MIX: types of product PRICE MIX: factors affecting the price fixation PROMOTION :Techniques Personal relation Marketing philosophy/concept	15M
		12.CONSUMER PROTECTION ACT	Rights and duties of consumers ways and means of consumer protection Redressal agencies(Cosumer forum) etc District forum State commission and national commission	
DECEMI	BER	REVESION AND PRACTICE TEST		

SESSION : 2024-25 CLASS - 12

SUBJECT:	ECONOMICS(030)	SYLLABUS

	ECONOMICS(030) SYLLABO	
Month	Chapter/Sub-Topics	Key Terms and Concept
April 2024	Unit 1: National Income and Related Aggregates National Income and Related Aggregates: What is Macroeconomics? Basic concepts in macroeconomics: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation, Circular flow of income (two sector model); and Welfare	Gross Domestic Product (GDP) –Gross National Product (GNP) –Net National Product (NNP) National Income (NI), Personal Income (PI) –Disposable Income (DI) Consumption Expenditure – Investment Expenditure Government Expenditure Net Exports (X-M)
	PART-B Indian economy on the eve of independence	
May 2024	PART-A Unit -1: Methods of calculating National Income – Value Added or Product method, Expenditure method, Income method, Aggregates related to National Income: Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP) and Net Domestic Product (NDP) - at market price, at factor cost Real and Nominal GDP, GDP	Nehruvian socialism Five-Year Plans:, License Raj:, Green Revolution:, Import substitution industrialization
2024	PART-B Indian economy 1950-1990- Introduction and the goals of 5 year plans.	
June 2024	PART B Indian economic system and common goals of Five Year Plans, Main features, problems and policies of agriculture (institutional aspects and new agricultural strategy), Industry (IPR 1956; SSI –role &importance) and foreign trade.	Money Supply Currency:, Central Bank Reserve Requirements Fractional Reserve Banking Monetary Policy: Interest Rates, Inflation: Deflation Commercial Banks Credit Creation
	PART-A Unit 2: Money and Banking Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt, Bank, Banker's Bank, Control of Credit through Bank Rate, CRR, SLR, Repo Rate and Reverse Repo Rate, Open Market Operations, Margin requirement	
July 2024	PART-B Economic Reforms since 1991: Features and appraisals of liberalisation, globalisation and privatisation (LPG policy); Concepts of demonetization and GST	Liberalization:, Privatization, Globalization:, Foreign Direct Investment (FDI)
	PART-A UNIT: 3 Determination of Income and Employment Aggregate demand and its components, Propensity to consume and propensity to save (average and marginal), Short-run equilibrium output.	Disposable Income -, Consumption, Investment -, Government Spending

August 2024	PART-A	Aggregate Demand Aggregate Supply,
August 2024	Investment multiplier and its mechanism, Meaning of full employment and involuntary unemployment, Problems of excess demand and deficient demand; measures to correct them - changes in government spending, taxes and money supply	Inflation, Unemployment -, Multiplier Effect Fiscal Policy Monetary Policy - Business Cycle
	PART-B Human Capital Formation: How people become resource; Role of human capital in economic development; Growth of Education	Income inequality: Slow economic growth:,
September 2024	PART-B Rural development: Key issues - credit and marketing - role of cooperatives; agricultural diversification; alternative farming - organic farming	Agricultural distress
	Half Yearly Examnination	
October 2024	PART-A Unit 4: Government Budget and the Economy Government budget - meaning, objectives and components, Classification of receipts - revenue receipts and capital receipts; Classification of expenditure -revenue expenditure and capital expenditure, Balanced, Surplus and Deficit Budget -measures of government deficit	Government Budget Fiscal Policy: Monetary Policy:, Deficit: Debt:, Inflation: Gross Domestic Product (GDP, Taxation, Public Goods: Crowding Out: Multiplier Effect:, Automatic Stabilizers
	PART-B Employment: Growth and changes in work force participation rate in formal and informal sectors	
November 2024	Project Work based as per CBSE Guidelines PART-B Sustainable Economic Development: Meaning, Effects of Economic Development on Resources and Environment, including global warming	Environmental degradation: Geopolitical tensions
	Unit 8: Development Experience of India: A comparison with neighbours India and Pakistan India and China Issues: economic growth, population, sectoral development and other Human Development Indicators	Demographic profile liberalization, and globalization Human Development Indicators GLF proletarian Cultural campaign
	PART-A UNIT 5 Balance of Payments Balance of payments account - meaning and components; Balance of payments –Surplus and Deficit Foreign exchange rate - meaning of fixed and flexible rates and managed floating, Determination of exchange rate in a free market, Merits and demerits of flexible and fixed exchange rate, Managed Floating exchange rate system	Current Account: Capital Account: Financial Account: direct investment, portfolio investment, and other investments, Trade Balance: Current Account Balance: Capital Account Balance: Financial Account Balance: Balance of Payments Surplus/Deficit:
December 2024	REVISION	

BRL DAV PUBLIC SCHOOL, BHANDARIDAH, BOKARO CLASS:-XII SUBJECT:- ECONOMICS (030) Session - 2024 - 25

Syllabus and Blueprint

HALF YEARLY EXAMINATION – 2024-25

SR.	UNIT / CHAPTER	VSA (01)	SA (03)	SA (04)	LA (06)	TOTAL
NO.						
	Intro	oductory Macı	roeconomics	(Section – A)		
						1
1	National Income and Related	02	01	01	01	15 (05)
	Aggregates.					
2	Money and Banking	02	01	01	-	09 (04)
3	Determination of Income	06	-	01	01	16 (08)
	and Employment					
	Indi	an Economic	development	(Section – B)		
4	Development Experience	04	01	02	01	21(08)
	(1947 - 90)-					
	(a) Indian Economy on the eve					
	of independence					
	(b) Plans, Agriculture, Industry					
	and Trade					
5	Economic	04	01	-	01	13 (06)
	Reforms since 1991					
6	Human Capital Formation	02		01		06 (03)
U	Truman Capital Formation	02	-	01	-	00 (03)
	(Section A+ Section B)	VSA (01) 20	SA (03) 04	SA (04) 06	LA (06) 04	40+40=80(34)

BRL DAV PUBLIC SCHOOL, BHANDARIDAH, BOKARO SCHEDULE OF SYLLABUS [SESSION – 2024-25] SUBJECT: PHYSICAL EDUCATION (048)

MONTHS	CHAPTER/UNIT	TOPICS		
APRIL,2024	1. Management of sports events	Types of committees & their responsibilities Types of tournament & Fixtures		
MAY,2024	2. Children and women in sports	Common postural deformities Less participation of women in sports Female athletes triad		
JUNE,2024	3. Yoga as preventive measures for lifestyle diseases	Asthma, Diabetes, Hypertension, Arthritis, Obesity Helpful asanas & their procedures with contraindications		
JUNE,2024	4. Physical education and sports for C. W. S. N.	Paralympic, Special Olympics, Deaflympics Types of disability and disorder		
JULY, 2024	5. Sports and nutrition	Balanced diet Diet chart for Men, women, Athlete, children Types of nutrients & minerals.		
JULY,2024	6. Test and measurement in sports	S. A. I. Khelo India fitness test Types of physical fitness test		
AUGUST,2024	7. Physiology and injuries in sports	Importance of Physiology in sports Types of injuries and First aid		
SEPTEMBER,2024	8. Biomechanics in sports	Use of Newton laws of motion in sports Types of movements		
OCTOBER,2024	9. Psychology and sports	Importance of psychology in sports		
NOVEMBER, 2024	10. Training in sports	Training methods, Warm up and conditioning Training cycles		
REVISION & PRACTICALS DECEMBER, 2024				
MOCK TEST -II DECEMBER,2024				
PRE-PRACTICAL/PROJECT EXAM DECEMBER,2024				
		PRE-BOARDEXAMINATION JANUARY,2025		

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